

On behalf of the San Gabriel Council of Parent Participation Nursery Schools, we welcome you to the 63rd Annual CCPNS Convention. We are proud to offer you this opportunity for **Learning and Growing Together**. Our presenters bring a wide range of experience and true dedication to enriching the lives of children, encouraging us all to play and delight in the magical years that we spend with the children in our lives. The events outlined here represent a truly cooperative effort. We hope that you enjoy yourself and the opportunity to discover and network, refresh and renew, and revitalize your enthusiasm for working with and living with young children.

~2012 Convention Co-Chairs, Jane Walker and Debbie Johnson

63rd Annual CCPNS Convention 2012 Schedule

Friday, March 9, 2012

8:00am-5:00pm	Registration
8:00am-5:00pm	Vendors and Exhibits
8:00am-5:00pm	Silent Auction Bidding
8:00am-5:00pm	Hospitality Suite
8:30am-5:00pm	Childcare
9:00am-11:00am	Convention Kickoff with Tina Bryson
11:15am-12:30pm	Session I: F11-F18
12:45am-2:00pm	Luncheon and Fashion Show
2:15pm-3:30pm	Session II: F21-F28
3:45pm-5:00pm	Session III: F31-F37
5:15pm-5:30pm	CCPPNS Meeting
5:30pm	Buses leave for Progressive Dinner
5:30pm-9:30pm	Progressive Dinner

Saturday, March 10, 2012

8:00am-5:00pm	Registration
8:00am-5:00pm	Vendors and Exhibits
8:00am-3:00pm	Silent Auction Bidding
8:00am-5:00pm	Hospitality Suite
8:30am-5:00pm	Childcare
9:00am-11:00am	Keynote Address-Dr. Larry Cohen
11:15am-12:30pm	Session I: S11-S18
12:45pm-2:00pm	Awards Luncheon
2:15pm-3:30pm	Session II: S21-S28
3:45pm-5:00pm	Session III: S31-S38
5:15pm-6:00pm	CCPPNS Meeting- General Session*
6:30pm-8:00pm	Saturday Banquet and In-House Awards
6:00pm-8:00pm	Children's Celebration. Entertainment provided

Sunday, March 11, 2012

8:30am-1:00pm	CCPPNS Board Meeting
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*Voting for new CCPNS Board Members. All members welcome to attend.

Hotel Information and Reservations

Los Angeles Marriott Burbank Airport
2500 North Hollywood Way
Burbank, CA 91505
(818)843-6000

The Marriott Burbank Airport hotel is a contemporary masterpiece of luxury and modern delights. Located in the heart of Burbank, California, the hotel is near Universal Studios and many of Hollywood's most famous visitor attractions. This Burbank Airport hotel was designed for the future with environmentally-friendly facilities and amenities including 20 PURE, allergy-friendly rooms. Our 488 guestrooms' modern style and advanced technology, state-of-the-art fitness center, two outdoor pools, cabanas and fire pits offer a relaxing retreat.

A free shuttle to and from the Burbank Airport is available throughout the day and night. There is also on-site parking available for \$10 per day.

Please use the following link to facilitate your hotel reservation. You will enjoy the very low rate of \$115 per night for up to triple occupancy. Please call by February 13, 2012, to guarantee that you receive our special rate.

<http://www.marriott.com/hotels/travel/burap?groupCode=ppnppna&app=resvlink&fromDate=3/8/12&toDate=3/11/12>

Convention Registration Information

Online: Online Registration is available at www.ccppns.org/convention. Click on REGISTER ONLINE. You will be able to print your receipt and completed registration form. Please bring your receipt with you to the convention to receive your packet and badge.

By Mail: Registration forms are located in the back of this brochure. Complete one form fully and legibly for each registrant or couple living in the same household. Feel free to duplicate the form. Mail the registration to the address below.

Registration submissions by mail or online must be received no later than February 24th, or a \$20 late fee will be applied. Workshops assigned on a first come, first served basis.

Refunds: Please note: **50% refunds will be made until February 24th, 2012.**

NO REFUNDS WILL BE MADE AFTER FEBRUARY 24th, 2012

(Please make checks payable to *CCPPNS Convention 2012*)

CCPPNS Convention 2012

Attention Registration

Cottage Co-op

169 Arlington Dr.

Pasadena, CA 91105

Convention Brochure

Please duplicate a printed copy of this brochure to bring to the convention. Brochure copies will be available on-site for reference only.

**CCPPNS is proud to Welcome
Dr. Larry Cohen
as our 2012 Keynote Speaker
Saturday, March 10 at 9:00 am**

“Playful Parenting”

California Council of Parent Participation Nursery Schools (CCPPNS) is proud to have Dr. Larry Cohen speak as our Keynote Presenter at this year's convention. Dr. Cohen is the Author of [Playful Parenting](#) and co-author of the [Art of Roughhousing](#).

This award winning expert will share his insights and experience based on feedback he has received over his 30 years coaching parents and children. Dr. Cohen will help us better understand why children need play. Dr. Cohen is quick to point out that no matter what your child's temperament, she has a playful side. In its most basic form, play is a way to communicate. He examines, with plenty of hilarious personal anecdotes, the details of play at every age and across genders, we're shown the exuberant truth behind playing: not only is it just plain fun, it can spark a variety of important sensations, and can act as a segue into meaningful and important conversations to share with your child.

Dr. Cohen will also provide a more in depth 75 minute workshop later on Saturday, where he will share the research and activities from his newest book, [The Art of Roughhousing](#). This easy to read and activity laden book gives the reasons why fun and silly physical activities that you share with your child will enhance his or her self esteem and confidence. You will walk away with proven techniques and tools that you can implement immediately with your children.

Lawrence Cohen, PhD, is a psychologist, author, and consultant living in Brookline, MA. He is the author of [Playful Parenting](#), an award winning book about nurturing close connections, solving behavior problems, and encouraging children's confidence. In addition to his work with children and parents, he consults with schools, after school programs, and corporations, and has a general psychotherapy practice.

Along with Michael Thompson and Catherine O'Neill Grace, Dr. Cohen is the author of two books on children's friendships, popularity, and social cruelty: [Best Friends Worst Enemies](#) and [Mom They're Teasing Me](#). He is also the author of numerous articles, including a series in "Nick Jr. Family Magazine" that won the Golden Lamp Award from Education Press.

On Site Convention Childcare Program

Leave your worries at the door and your children in the safe competent care of our staff of teachers, CCPPNS Board Members and cooperative nursery school parents. Registration is available for all children of registered convention guests. Our program is designed to meet the needs of children aged 2 years old through 6 years old. This program offers parents a chance to attend workshops while their children are well cared for and having fun nearby. Activities include: Musical entertainment, story times, arts, crafts, outdoor play and special visitors.

- a. Childcare is available from 8:30am-5:00pm on Friday and Saturday.
- b. The program welcomes children 2 years old through 6 years old.
- c. Prices are \$35 per child per day, and an additional \$20 per additional child per day for the same day as the first child.
- d. Great child to caregiver ratio
- e. You may check your child(ren) in and out throughout the day, but please note that a valid driver's license will be required for the pick-up and drop off process.
- f. You may bring a snack for your child, but please, no nuts. Snacks will be available, and a boxed lunch will be available for purchase for \$8.00.
- g. Full payment for Childcare will be due at time of convention registration.

Thursday Evening Welcome Reception (\$20)

Please join us for appetizers and a no-host bar on Thursday evening, and take advantage of the opportunity to check in early. All participants that arrive by Thursday evening are welcome to attend. 7:00 pm to 9:00 pm.

Progressive Dinner (\$20)

Each year, we hear from attendees, that their favorite feature of Convention is the Progressive Dinner. This year, we will board our buses and tour three of our local cooperative preschools in Pasadena, Altadena and Sierra Madre. The bus ride will be a great time to relax, sit back and connect with friends, new and treasured. We will have raffles and games to help the time pass, and once we arrive at our schools, you will enjoy an array of foods and beverages, while discovering new ideas and activities. Bring your cameras!

Silent Auction 2012

Stop by the Silent Auction Tables to take a peek and to bid on the fabulous baskets and items that have been generously donated by our member schools. You will find the closing times and winner announcement times displayed near the registration Desk. Fingers crossed! It just may be your lucky day!

Book and Media Sales

Here you will find books and DVD's and CD's that have been authored by our Keynote Speaker Dr. Larry Cohen, Special Guest Speaker Dr. Tina Bryson and many of our other workshop presenters. You will find many valuable additions to your school's library, as well as your personal library. Please make your checks out directly to the individual authors.

Hospitality Suite

Need a break? Come by and visit the Hospitality Suite. The suite will be open to speakers, presenters and attendees on Friday and Saturday. It's a great place to sit, relax, and regroup.

Vendors and Exhibits 2012

Get ready to shop til you drop! Our vendors are conveniently located in the hallways throughout the convention center. You will enjoy a very wide range of products and services for the home and classroom and beyond. You will find books, music, clothes, beauty products, purses and so much more! Stop by for a quick neck massage, or make-up retouch. These vendors have come to support our nursery schools, so please, let's show them our support.

Car Seat Safety Check by the CHP

Don't worry, you won't get a ticket! The CHP will be here to check out the installations of car seats in your vehicles. If your seat does not meet current safety standards, the CHP will provide you with a new seat. Stop by the Exhibit Hall to visit the CHP table where they will be demonstrating proper seat installation.

CCPPNS Quilt Viewing

Come and see the CCPPNS quilt that so richly details our history and cooperative tradition. Our quilt features the CCPPNS tree that represents our growth for over 25 years. It was hand sewn by Sue Conley of Rainbow School in Santa Ana in 1977-1978, and was designed by the Outreach Committee. The quilt so beautifully shows the unity in the cooperative movement of nursery schools. The roots represent Parent Cooperative Preschools International (PCPI), the trunk represents CCPPNS, the branches represent our Regional Councils, and the leaves represent each school that has been a member of CCPPNS.

Friday Luncheon and Fashion Show (\$35 per person)

This fun and relaxed lunch will include delicious food and a parent and child fashion show. Many of the clothes and accessories are provided by our exhibitors and vendors. Our member parents and their children will be modeling the latest fashions in sustainable and comfortable fabrics and materials. Come relax, regroup and join us for good food, music and fun!

Saturday Luncheon and Awards Ceremony (\$35 per person)

Please join us in honoring the members of our school communities who have enriched the lives of children every day. This annual awards ceremony is filled with laughter and tears. Our teachers, staff members, and community members will inspire you as they describe how these honorees have provided love, support and encouragement to the parents and children in their schools and communities.

Saturday Evening Celebration (\$25 per person)

This year, the CCPPNS Board members will honor the tremendous efforts and commitments shown by our dedicated Board and Convention Committee members. All event volunteers, Convention Committee members and their school's directors are invited to join in this celebration. Our thanks for your time, dedication and perseverance is endless. Thank you for demonstrating true co-operative spirit, the best that parent participation nursery schools have to offer!

Saturday Evening Children's Celebration (\$25 per child)

Get your little ones all ready for a good time! They will enjoy a Pizza Dinner, musical entertainment provided and lots of fun and games. Dress them in their pajamas, and bring them on over to the childcare room for a rompin' good time.

Friday's Special Guest Speaker 9:00 am to 11:00 am

**CCPPNS Proudly Presents Dr. Tina Payne Bryson
"The Whole-Brain Child"**

The California Council of Parent Participation Nursery Schools is very proud to present our Special Guest Speaker, Dr. Tina Payne-Bryson. Dr. Bryson is the co-author of the critically acclaimed book, [The Whole-Brain Child](#). During this Two Hour Double Session Kick-Off Presentation, Tina will share the revolutionary, scientific, and super-practical approach of taking everyday struggles and using brain science to guide us in the moment: when your child's tantrum erupts, when her fears and phobias take a toll on the whole family, when he gets stuck sulking, and when his anger gets the better of him.

Dr. Bryson's techniques are fresh, based on the latest neuroscience research, and applicable in various situations. Her presentation is funny, insightful and will give all parents, teachers and attendees a new perspective in helping children through the more challenging moments. She will help us to understand our children and ourselves on a deeper level, and help us to help our children understand themselves better.

Dr. Tina Payne Bryson is a psychotherapist at Pediatric and Adolescent Psychology Associates in Arcadia, California, where she sees parents and children. She speaks to parents, educators, and clinicians all across the country, and she has written for numerous venues, most recently [the PBS series "This Emotional Life."](#) She also co-hosts a web-based parenting show called [The Intentional Parent](#). Tina earned her Ph.D. from the University of Southern California, where her research explored attachment science, childrearing theory, and the emerging field of interpersonal neurobiology.

Tina emphasizes that before she's a parenting educator or a researcher, she's a mom. Alongside her husband of 18 years, parenting her three boys is what makes her happiest: "They're my heart. Their little personalities make life so much fun. They've also made my research very personal, helping bring together the different roles I play in my life, where I'm part-time educator/researcher, and full-time Little-League-mom/super-Jedi-spy-with-laser-powers. In other words, as I've studied attachment and childrearing theory and the science of how brains work, I've been able to apply that knowledge and let it help me parent more the way I want: lovingly, intentionally, and effectively."

Tina's professional life now focuses on taking research and theory from various fields of science, and offering it to parents in a way that's clear, realistic, humorous, and immediately helpful. As she puts it, "For parents, learning about how their kids' (and their own) brains work is surprisingly practical, informing how they handle discipline, how they help their kids deal with everyday struggles, and ultimately how they connect with their children. Most parents haven't heard this information before, and yet it is so helpful. So one of my main goals is to take scientifically-grounded knowledge, and use it to help parents better understand their kids and themselves, and most importantly, to apply it in the parenting trenches—in their breakfast-table, grocery-store, temper-tantrum, everyday parenting world."

Friday, March 9, 2012

Convention Kick-Off

9:00 am – 11:00 am

Dr. Tina Payne Bryson Speaking on The Whole-Brain Child

Friday Session I

11:15 am – 12:30 pm

- F11** "What's Your Plan?" Decoding Preschool Teacher-Speak
- F12** Simple Science At Home
- F13** Artfelt- Fun with Felt Stories and Puppets
- F14** Neighborhood Play, Every Day
- F15** Enough Already! Finding your Parenting Wisdom
- F16*** Bubble Rock
- F17*** Yoga for Adults and Tots
- F18** Fostering Emotional Intelligence through Play

Friday Luncheon

12:45 pm – 2:00 pm

Friday Session II

2:15 pm – 3:30 pm

- F21** You Can't Make Me! Parenting with More Connecting and Less Correcting
- F22** Empowering Girls
- F23** Is there Life After 4, and Is it Worth Living, Anyway?
- F24** Healthy Snacks and Lunches for Little Ones
- F25** Susie Stone- Directors Roundtable
- F26** Pride and Kindness in Children
- F27** Encouraging Children's Language Development
- F28*** Joey the Giant Bunny and Joan Visit the Childcare Room

Friday Session III

3:45 pm – 5:00 pm

- F31** What About Boys? Raising Competent, Confident Boys
- F32** Conflict Resolution in Preschool
- F33** Neuro-Feedback in Children with ADHD and Autism Spectrum
- F34** Parenting Group for Fathers
- F35** Wild, Wacky & Inspirational! Ideas to Enhance Outdoor Experiences for Young Children.
- F36** Parenting Skills That Build Lifelong Communication
- F37*** Music and Movement

***Indicates parent/child participation workshops**

Saturday, March 10, 2012
Keynote Address
Dr. Larry Cohen
Speaking on Playful Parenting
9:00 am – 11:00 am

Saturday Session I **11:15 am – 12:30 pm**

- S11** The Art of Roughhousing
- S12** Co-Opted
- S13** Urgent Curriculum: Thinking BIG to Meet Teaching Challenges
- S14** Children Do Better When They Feel Better
- S15** Mindfulness in the Classroom, at Home and In Everyday Moments
- S16** Natural Brilliance
- S17** Encouraging Children's Language Development
- S18*** Busy Bee Pottery*

Saturday Awards Lunch **12:45 pm – 2:00 pm**

Saturday Session II **2:15 pm – 3:30 pm**

- S21** Emotional Intelligence
- S22** Questions and Answers with Dr. Overstreet- Pediatrician
- S23** Young Children at Risk for a False Diagnosis of Autistic Spectrum Disorder
- S24** Attention and Focus
- S25** Help! My Kid Just Won't Listen
- S26** Director's Roundtable
- S27** What Children Need to Know to Before They Become Successful Readers
- S28*** ArtFelt with Sundrina

Saturday Session III **3:45 pm – 5:00 pm**

- S31** Aggression in Preschoolers and What To Do About It
- S32** Sensory Strategies
- S33** Board Training for Directors
- S34** Nutrition and Fitness for Families
- S35** Early Vision Warning Signs
- S36** Sibling Relationships
- S37** Math and Your Child's Intuition
- S38*** Baby Ergonomics

***Indicates Parent/Child Participation Workshops**

F11 “What’s Your Plan?” Decoding Preschool Teacher-Speak

Helping Parents understand and make use of the language of cooperative preschool teachers; a language that honors children and shows them the respect they deserve; a language that breeds cooperation. Parents and teachers will be given specific terms and phrases that they can use for a myriad of situations and settings.

Target Audience- Parents, New Teachers

Michelle Zvonec has been teaching in a preschool setting for over 14 years. She is currently an Assistant Teacher at Sierra Madre Community Nursery School and is a lead teacher at CPC, a new cooperative preschool at Caltech. She has two sons, ages 9 and 11.

Colleen Zaffina has been a teacher at Sierra Madre Community Nursery School for over 20 years. She is the mother to three grown children, and grandma to beautiful Harlow.

F12 Simple Science at Home

Join Vicki and Connie as they lead you to discover activities that you can do at home with items and materials that you have at the ready most of the time. Turn every day moments into relevant teaching moments.

Target Audience- Parents, Teachers and Directors

Vicki Knight received her BA, Teaching Credentials and MA in Human Development from Pacific Oaks College. She has been a parent and a teacher at Sierra Madre Community Nursery School for over 30 years. She has been a mentor teacher for Early Childhood students and a teacher at Pasadena City College.

Connie Weinstock received her BA from the University of Arizona. For the first 17 years of her career, she taught elementary school. After the arrival of her two children, she began her involvement with Sierra Madre Community Nursery School. She joined the staff over 20 years ago.

F13 Artfelt- Fun with Felt Stories and Puppets www.artfelt.com

Fast-paced, interactive and fun! Learn how to combine rhymes, finger plays, stories, books and songs with felt-board puppets, pieces and props! Learn easy, innovative ways to bring magic and drama to everyday learning. Many examples are shared for counting, math concepts, language, literature, music, art and life lessons. Learn how to increase attention spans, comprehension levels and retention times!

Target Audience- Parents, Teachers and Directors

Judy Woodworth is an educator, author and entrepreneur. She has a BA in Language from the University of NY at Fredonia. She is the developer and owner of the Artfelt Puppet System since 1988 specializing in innovative approaches to early childhood education using felt-board puppets, pieces and props.

F14 Neighborhood Play, Every Day

Children hardly play outside on their own in their neighborhoods. Most parents lament this fact, but feel powerless to change it. This session will give parents the tools they need to give their children a life of neighborhood play, every day. Participants will learn about many innovative communities in the US that have successfully addressed this problem, and then learn about six step-by-step solutions.

Target Audience- Parents, Teachers, Directors

Mike Lanza blogs at Playborhood.com and will publish a book in spring 2012 on the subject of kids' play in neighborhoods. At home, Mike is an active promoter of play for his three children (7, 4, and 2) and neighbor children in his neighborhood in Menlo Park, California. Prior to starting Playborhood, Mike was a “serial entrepreneur,” founding and running five software/Internet companies. Mike holds four degrees from Stanford University – an MA and BA in Economics, an MBA, and an MA in Education.

F15 Enough Already! Overcoming Fear and Reclaiming Your Parenting Wisdom

This workshop is designed to counterbalance the flood of confusing research, media and opinion that has created a culture of parenting paranoia, undermining the wisdom and confidence of our early childhood relationships. Acclaimed author and Zen Teacher, Karen Maezen Miller shows participants how simple mindfulness restores peace, patience, love and trust as the basis of wise parenting and educational decisions.

Target Audience- Parents, Teachers

Karen Miller- is the author of two books about the wisdom of everyday life, *Momma Zen* and *Hand Wash Cold*. She is a frequent speaker to parenting groups and leads retreats and workshops around the country. www.karenmaezenmiller.com

F16* Rockin' Rollin' and Reading

THE SONG IS JUST THE BEGINNING. This interactive workshop will explore activities to enhance your music time. We'll create piggy back songs, and make props to go along with the songs and explore playful music. We'll also share "stories that sing" which are books based on familiar music.

Target Audience- Parents, Teachers and Directors. Children Welcome

Ronnie Silverstone has Taught K and preschool for LAUSD for 30 years. She has also been a workshop presenter at B.E.S.T. conference, NAEYC, CAEYC, California Kindergartenconferences, California Reading Conference, CAEYC conferences in Ohio, Michigan and Texas, Family Child Care Conference, and many local child care resource in-service meetings. Ronnie is a Consultant for Kimbo recordings, and Downhill Fonts. Owner of Bubble Rock; producer of the Greg & Steve concert for 16 years and the Charlotte Diamond concert for 18 years. "The Bubble Lady,"presenting science lessons on bubbles in classrooms. www.bubblerock.com or contact her at info@bubblerock.com

F17* Yoga Practice for Adults and Children

Come stretch your mind and your body as you learn how to engage your child in the ancient practice of Yoga. Children will learn how to find their center, their breath, and practice balance and calm their minds and bodies. You will definitely learn some poses and practices that you can take home with you and to your schools. **Target Audience- Parents, Children and Teachers**

Val Sklar Robinson is a co-op mom at SMCNS. She has owned the Bikram Yoga in Pasadena for 13 years. Val has been practicing yoga for over 15 years. She says that you are never too old, too young, too injured or too ill to practice yoga. She enjoys sharing her practice with children and adults. www.bikrampasadena.com

F18 Fostering Emotional Intelligence through Play

Children are constantly faced with the question of whether they are smart enough, strong enough, talented enough and capable enough. And as parents, we often struggle with the balance between pushing them to achieve (yes, even preschoolers!) and allowing them time to "just play." Fortunately, "just playing" is one of the best and most effective forms of learning for children--especially their social learning--and emotional intelligence is as significant a determiner of success as your child's IQ or their batting average! Join Susan as we enter into the world of play and learn how to create an intentional play-based relationship with children in which they feel safe to express their fears, likes, dislikes, anger, wishes, sadness and joys. When you play with your child in a way that they feel accepted and understood, they will discover that they are capable, important and valuable just as they are. They will develop the important skill of empathy for self and for others which will enhance their ability to nurture friendships, display more appropriate social behavior, and, believe it or not, have more enthusiasm for learning and tackling the hard stuff of life.

Target Audience- Parents, Teachers, Directors

Susan Stewart Reedy is a licensed Marriage and Family Therapist in private practice in Arcadia, as well as a contracted guidance counselor at Mayfield Junior School in Pasadena. She specializes in Play Therapy and in teaching parents how to connect with their children in playful ways that bring deep healing.

F 21 You Can't Make Me! Parenting with More Connecting and Less Correcting

Parents and Teachers can learn to create households and classrooms that are respectful, cooperative and empowering through direct parental involvement. She will share parenting techniques that will invite listening and cooperation, eliminate power struggles, discipline without yelling, nagging or threatening, and create a more cooperative, harmonious environment.

Target Audience- Parents, Teachers and Directors

Joyce Woodruff – Director of WPNS in the South Bay Council will present has studied with Vickie Holland and completed Parenting that Works training courses. She has been the teacher and Director at Westchester Parents nursery School for over 8 years, is married and is the proud mom to her 12 year old son.

F22 Empowering Girls

Girls have made many strides over the past decades in the areas of academics and athletics. Yet they still wrestle with self-esteem issues, striving to be popular, “cool”, and fighting against the materialistic nature of our society. Come learn some tools we can offer our girls to help them deal with these issues.

Target Audience- Parents, Teachers and Directors

Kathy Masarie MD is a pediatrician, parent coach, and founder of www.familyempower.com. Her parenting guides, “Raising Our Daughters” and “Raising Our Sons”, provide parents with proven tools to strengthen family through community. Through conferences, workshops and presentations, Dr. Masarie also shares her wisdom about the development and social lives of boys and girls and about what parents, educators and professionals can do to ensure a safe social climate in which children can grow up to be independent, responsible young adults. www.kathymasarie.com

F23 Is There Life after 4? And Will It Be Worth Living, Anyway?

Everybody told you about the terrible two's. Why didn't they tell you about 4s? This is a most difficult but critically important life stage. Is your child acting 4? Is it normal? What can you do to ensure that both you and your child come out sane at 5! You'll be laughing and crying and going away with strategies! **Target Audience- This workshop is especially for parents.**

Susie Koon is an Educational Consultant for Curriculum, Administration and Classroom Management,

Brain Compatible Environments. She is a former CCPPNS President (1984-86) and a Life Award Recipient. Susie was the Director/Teacher Arcadia Parent Participation Nursery School 1973-1988.

Retired Developmental 1st Grade Teacher, Monrovia Unified School District

F24 Healthy Snacks and Lunches for Children

Join Teacher Jessica as she shares the answer to the question “How do I get my children to eat and enjoy healthy foods?” Join us to discuss the nutritional needs of our children and explore creative ways to encourage lifelong healthy eating habits.

Target Audience- Parents, Teachers and Directors

Jessica Chuang discovered her passion for Early Childhood Education while volunteering at her son's co-op preschool ten years ago. She soon earned her ECE and Administration credentials through UCLA Extension and has been teaching ever since. In 2006, Jessica started the International Café

Cooking School – bringing her love for food and cooking together with her teaching.

F 25 Roundtable Discussion for Teachers and Directors

Take this opportunity to share with professionals working in Parent Participation Nursery Schools. Discuss your role in parent education, leadership development, volunteer recruitment and retention, managing transition of Board Members, better communication with Regional Councils, promoting community interest and involvement, collaborating with other schools and revitalizing your program for children and adults. An opportunity to share unique possibilities for parent participation programs for all teachers and directors.

Target Audience- Directors and Teachers

Susie Stone is a registered nurse, has a BA in Biology and is a credentialed K-12 teacher, a WCC Adult Educator, a Kindergarten teacher and retired teacher-director of Hansel and Gretel PNS in the East Bay. She has been the President and Advisor of the East Bay Council, and is a past President of Parent Cooperative Preschools International.

F26 Nurturing Kindness and Independence in Children

With so many concerns these days regarding bullying, it is important to understand that the foundation of kindness is a child's self-acceptance. Kindness grows with pride in who we are, and what we can do for ourselves. Nurturing this independence will translate to a natural tendency towards kindness. Learn the tools you need to help foster independence in your children.

Target Audience- Parents, Teachers and Directors

Dr. Deacon received her Ph.D. from the University of Southern California. She is a Licensed Clinical Psychologist in the State of California. Dr. Deacon has acted as the Chief Psychologist of the Los Angeles County Department of Mental Health at the Los Angeles Day Treatment Center. She designed and instituted their first internship training program. This was the genesis of her 30 years of specialization in the training of other professionals. Dr. Deacon has taught Child Development at Cal State, Los Angeles, and has spent several decades developing programs, training instructors and creating materials to benefit children and their parents.

F27 Encouraging Children's Language Development

Language development is the process by which children come to understand and communicate language during early childhood. From birth to five years of age children develop language at a very rapid pace. Although the stages of language development are universal, the age and the rate at which a child masters each milestone of language development vary greatly. The ability to communicate with peers and adults in the educational setting, through reading, writing, gesturing, listening, and speaking, is essential for a student to succeed in school. Language development is enriched by verbal interactions with other children and adults. Therefore, parents and teachers can have a significant impact on early language development. **Course Objectives-** Participants will be able to: identify speech and language developmental norms for various age ranges; identify various speech-language disorders and how they present themselves; recognize and implement specific techniques designed to enhance and facilitate language growth; determine optimal activities and settings in which to use language enhancing techniques.

Target Audience- Teachers, Parents, Directors

Justine Sherman is the owner of JUSTINE SHERMAN & ASSOCIATES, INC., a private practice in Sierra Madre, California. Her clinic has a team that consists of eight licensed Speech-Language Pathologists (SLP), two Clinical Fellows (CF), three Speech-Language Pathology Assistants (SLPA), five Orofacial Myologists (OM), one Educational Specialist and an Infant-Toddler Development Specialist who conducts diagnostic and therapeutic services for children, adolescents, and adults with oral motor, tongue thrust, articulation, phonological, childhood apraxia of speech, craniofacial, voice, fluency, receptive-expressive language, auditory processing, learning, and autism spectrum disorders. Justine has been trained in Stanley Greenspan's Floortime™ approach and Lindamood-Bell's Visualizing and Verbalizing for Language Comprehension and Thinking® and On Cloud Nine® programs.

F28* Come Meet Joey the Giant Bunny

Joan Southwell will be bringing Joey the Giant Bunny to the Childcare space. Come watch the children enjoy this amazingly calm and tolerant bunny. We will have an opportunity to pet, feed and watch Joey as he interacts with Joan and the other children.

Target Audience- Parents, Teachers and Children

Joan Southwell has been teaching at Sierra Madre community Nursery School for over 20 years. She was a Bi-lingual Public School Kindergarten teacher prior to teaching preschool. She is the mother to two grown daughters, countless bunnies, fish, and a stunning horse named Sundown.

F31 What About Boys?

What struggles are boys up against today? How can we raise them to be strong, yet sensitive and compassionate, too? Learn some specific strategies for listening to and communicating with our sons. Learn ways to foster connections and honesty through communication and community.

Target Audience- Parents, Teachers and Directors

Kathy Masarie MD is a pediatrician, parent coach, and founder of www.familyempower.com. Her parenting guides, "Raising Our Daughters" and "Raising Our Sons", provide parents with proven tools to strengthen family through community. Through conferences, workshops and presentations, Dr. Masarie also shares her wisdom about the development and social lives of boys and girls and about what parents, educators and professionals can do to ensure a safe social climate in which children can grow up to be independent, responsible young adults. www.kathymasarie.com

F32 Conflict Resolution In Preschool

Come and learn about a new way to look at conflicts, re-evaluate your goals as an educator or parent when intervening in a conflict and learn tips on how we can equip children with conflict resolution and problem solving skills. *That's Mine!* "Johnny took my shovel!" "Sally is in my spot! "I want to go first!" Learn to help equip children with life long skills of conflict resolution and problem solving skills. This workshop will help you to learn how to respond without judgment, communicate with empathy and respect, so children will be able to resolve the conflict on their own and use critical/divergent thinking now and in the future.

Target Audience- Teachers, Parents and Directors

Gilda Moshir received her B.A. in Social Ecology with an emphasis in Psychology. She completed her degree in Early Childhood Education from Pasadena City College in 2004. She holds her Site Supervisor Permit from the State of California and has over 15 years experience working with children and their families. Gilda has 2 boys, ages 13 and 16 and is currently home with them as they go through their teen years.

Kira Solomatova was born in Moscow, Russia. Though both of her parents are engineers, Kira always dreamt of being a teacher. Throughout high school, she volunteered in a preschool and attended classes. After high school, she graduated from Pedagogical College, and continued her education when she and her husband moved to the United States. She feels lucky to have discovered a progressive and developmental school where she worked, taught and learned. Currently she is enrolled in the RIE program.

F33 Neuro-Feedback in Children with ADHD and Autism Spectrum Disorders

Neuro-feedback is a way to teach the brain the mechanics of efficient processing. It is the most basic and simple step in any information processing. How we send the message, process it and then arrive at the end result depends on our ability to successfully navigate this mostly mechanical work. In this workshop, Joy will demonstrate how Neurofeedback is done. Joy will also describe the evaluation process that allows it to be tailored to each individual. Joy will also share several case histories of children in the 2-year-old to 6-year-old age group that she has worked with and the results we see with children in this age group.

Target Audience- Parents, Teachers and Directors

In 1992, **Joy Lunt** was looking for answers about some of the difficulties her son was having. She consulted with professionals from several disciplines: Psychology, Social Work and Psychiatry. She stumbled across information about Neuro-feedback, and after researching the possibilities, discovered there was no one in her area who was a provider. She decided to seek training, and in 1993, opened her office. She is currently located in Burbank, CA. Her practice now provides services for children and adults.

F34 Fathers Class: Helping Men Become Full Partners in Parenting

We will talk about organizing a parent education class for fathers. The seminar will acquaint participants with the structure, goals and anticipated outcomes of the class.

Target Audience- Teachers, Directors and Fathers

The Reverend Douglas Edwards is the Director of Community Relations for two retirement communities; Westminster Gardens in Duarte and Windsor in Glendale. He is a Licensed Marriage, Family and Child Psychotherapist with a private practice specializing in retirement coaching, family therapy and attention disorders. Doug is an ordained minister of the Presbyterian Church (U.S.A.). He is an instructor for Pasadena City College Community Education Center's Parent Education Program, where he teaches the Dad's Class for PCC which he helped establish in 1993.

F35 Wild? Wacky? Inspirational! Ideas to Encourage and Enhance Outdoor Experiences

This workshop is designed to help participants understand the benefits of outdoor experiences for children. The goal of the presentation is to provide inspiration for participants to be creative in establishing outdoor environments that support exploration and experiences in the natural world.

The presentation begins with making the case for taking children outdoors, and then moves through an outdoor environment illustrating (through photographs) children engaged in numerous activities. The presenters will discuss the activities shown, talk about the materials being used, outdoor design principles, curriculum design and what children may gain from each experience. Scattered throughout the presentation are "fun facts" about children's health and learning, as well as a few examples of how desired results can be met through an outdoor classroom.

Participants will gain a better understanding of the depth of learning that can take place in a thoughtfully designed outdoor environment and how to plan stimulating activities that support learning, creativity, connections to nature and fun.

Lisa Cain-Chang has worked in the field of Early Childhood Education for over 30 years and is the Program Director for the Child Educational Center (CEC) in La Canada, California. Her degrees are in Human and Child Development, with specializations in Developmental Education and Leadership in Education. Lisa serves as consultant for the Outdoor Classroom Project and supports the work of the CEC's Child Care Planning Associates. Lisa is also a co-site director for an ongoing national qualitative research project on learning in nature environments with Dimensions Educational Research Foundation.

Ellen Veselack is the director of the Preschool Program of the Child Educational Center. Ellen has 20 years in a leadership position and over 30 years in the field of Early Childhood Education. She is a consultant with the Outdoor Classroom Project, an activity of the Child Educational Center and a trainer for Nature Explore and Dimensions Educational Research Foundation in Lincoln, NE.

F36 Parenting Skills That Build Lifelong Communication

In this workshop you will learn about parenting that supports building the quality of communication and connection for life-long relationships. Parenting is a life-long learning process with our children. Parenting is a "messy" business. There is no "prescription" for dealing with the day to day challenges. There are, however, basic communication tools that can assist parents in dealing positively with challenges, while deepening the relationship between parent and child. This workshop will present theory which we will then apply to specific situations or concerns of participants.

Target Audience- Parents, Teachers, Directors

Laura Dotson, MA, MFT, is the mother of four adult children (all Co- op nursery school alumni) and the grandmother of three. She has over 35 years of varied experience working with adults and children. In 2007, Laura's contribution to the Co-op nursery school movement was acknowledged by CAPPNS. Laura has worked as a consultant supporting both teachers and families at a number of schools. Laura has been a long time staff member at Play Mountain Place, a humanistic elementary and preschool. She is currently the psych consultant at Manhattan Beach Nursery School. Laura is a Licensed Marriage and Family Therapist and maintains a private practice in the South Bay.

F37* Music and Movement with Children

Come and join this lively parent and child experience which begins the very foundation of music...the beat! We will use our voices, our bodies and imaginations along with instruments, scarves and more. Experiment with the joy of music together!

Target Audience- Parents, Children, Teachers and Directors

Gretchen Weiss is a parent of two lovely girls, a co-op mom and music teacher. She has been teaching classes at Foothills Music Together for many years, and enjoys her work immensely- showing parents and children the magic of music and movement.

Saturday Session I**11:15 am - 12:30 pm****S11 The Art of Roughhousing**

Dr. Larry Cohen will present the material from his book, the Art of Roughhousing, describing the importance of physical contact with our children as a means of connecting and deepening our relationships. He will describe the genesis of the book, as well as some of the particular techniques outlined in the book. The Art of Roughhousing is a manual for rowdy, rambunctious, physically active play between parents and children, but it is also an exploration of the benefits and power of this type of play.

Lawrence J. Cohen, Ph.D., the author of PLAYFUL PARENTING and co-author of THE ART OF ROUGHHOUSING, is a licensed psychologist specializing in children's play and play therapy. In addition to his private therapy practice, he is also a speaker and consultant to public and independent schools, and a teacher of parenting classes and classes for daycare teachers. Dr. Cohen is also the co-author, with Michael Thompson and Catherine O'Neill Grace, of Best Friends, Worst Enemies, and Mom, They're Teasing Me. He serves on several advisory boards, including the Playskool Play Panel and The Blue School in New York City. www.theartofroughhousing.com

S12 Co-Opted

Joan Bigwood, author of the funny-yet-poignant novel Co-opted, will talk about how the co-op preschool experience approximates sorority hazing while mud-wrestling baby alligators. It is a unique experience for parents and kids alike, and one that is not easily replicated at any other developmental juncture. It offers the equivalent of training wheels for parents. Joan will discuss how that training has played out in her parenting her 'cubs' through grade school, middle school and now high school. Joan will read excerpts from her novel, that illustrate the unexpected benefits of working alongside once total strangers toward a common goal- be it a snack for 40 or a Harvest Carnival for 400. Guaranteed laughs.

Target Audience- Parents, Teachers, Directors

www.joanbigwood.com

S13 Urgent Curriculum: Thinking BIG to Meet Teaching Challenges

You can do it all! Discover how large-scale activities help teachers and parents meet urgent needs for creative, exciting and thoughtful curriculum that is developmentally appropriate, in an era of severe budget cuts. Educators with years of experience as well as those new to the field will see how supersized explorations engage all types of children, thereby improving focus and behavior while boosting learning. "Urgent" curriculum addresses increasing demands to strengthen both social and academic skills. Learn how a big-picture approach uses inquiry-based science to integrate math, literacy, language, art, drama and movement to immerse children in topics. See how children can observe their environment, pose questions, try out ideas, quantify their observations, and communicate their thoughts while learning to work in groups. Discover how thinking BIG means learning BIG. www.thinkingBIGlearningBIG.com

Target Audience- Parents, Teachers and Directors

Marie Faust Evitt is the head teacher of a preschool class for four- and five-year-olds at the Mountain View Parent Nursery School, a California parent co-op school she participated in when her two sons were young. She loves helping children make discoveries, and showing teachers and parents how *they* can help children make discoveries, too. Her curriculum book, *Thinking BIG Learning BIG: Connecting Science, Math, Literacy and Language in Early Childhood*, won the 2011 *Learning Magazine* Teachers' Choice Award.

S14 Mindfulness in the Classroom, at Home and In Everyday Moments

Mindfulness is the moment by moment process of openly and actively observing one's experience, thoughts, feelings, emotions and body sensations without judgement. The practice of Mindfulness cultivates the ability to be in the present moment. Come explore how the practice of Mindfulness can bring a sense of balance and calm to your life and the children in your world. Mindfulness teaches us to have kindness and compassion for ourselves, others and the world around us. Research has shown that Mindfulness is a practice that improves self awareness, attention, self-regulation, and emotional well being. Experience Mindfulness for yourself and learn new skills that you can use at home or in the classroom.

Target Audience- Parents, Teachers and Directors

Ann D'Angelo M.A. is a Mindfulness Educator, Teacher, and former SMCNS parent. As a California Credentialed Teacher she has two decades of offering service in public and private schools at the elementary and preschool levels. Ann has established Mindfulness Programs at Walden School, St.Mark's School and Pacific Oaks Children's School. Her private practice includes individual and group work with children and adults. www.bemindfulbreathe.com

S15 Nurturing Your Child's Brilliance

Neurologist and psychologist Sigmund Freud once said, "What a distressing contrast there is between the radiant intelligence of the child, and the feeble mentality of the average adult." Human beings are born with extraordinary intellectual capacities. Unfortunately, the improper care of intelligence tends to cause a deterioration of these capacities over time. "The feeble mentality of the average adult" described by Freud is mostly a matter of poor intellectual maintenance. It can be avoided, or even reversed. This workshop offers tools and techniques for parents and teachers on how to nurture each child's capacity for brilliance. It explores the special relationship between emotion and intelligence, and how to support children's intellectual care through natural emotional cleansing.

Target Audience- Parents, Teachers and Directors

Scott Miller is a human development theorist, facilitator and author of *The User's Guide to Being Human: The Art and Science of Self*. He has spent the last fifteen years making significant contributions to the educational reform movement in California as an educator and school developer. He is cofounder and emeritus Board Chairman and CEO of Our Community School, a Los Angeles public charter school that received the 2009 Hart Vision award for "Best Charter School of the Year" in the state of California. www.theusersguidetobeinghuman.com

S16 Children Do Better When They Feel Better

Using principles from Positive Discipline we will look at brain development and children's ability to cope with big emotions. Participants will take away effective tools to help them avoid power struggles and handle big emotions at home and in the classroom.

Marni Parsons is a PCI Certified Parent Coach®, Certified Positive Discipline Trainer & Family Consultant. She is also the Student Services Manager at an inner city charter school. As the mother of two daughters she understands the challenges inherent in raising children who are self-disciplined, responsible, cooperative and effective problem solvers. She is passionately committed to guiding, supporting, and educating parents so that they can experience greater confidence, less stress, and more joy. Marni is a sought after speaker who combines her unique combination of experience and education to talk from her heart with humor and compassion about creating mutually respectful relationships with children of all ages.

S17 Encouraging Children's Language Development

Language development is the process by which children come to understand and communicate language during early childhood. From birth to five years of age children develop language at a very rapid pace. Although the stages of language development are universal, the age and the rate at which a child masters each milestone of language development vary greatly. Language development is enriched by verbal interactions with other children and adults. Therefore, parents and care-givers can have a significant impact on early language development. Participants will be

able to: Identify speech and language developmental norms for various age ranges; Recognize and implement specific techniques designed to enhance and facilitate language growth; Determine optimal activities and settings to use language enhancing techniques.

Target Audience- Teachers, Parents, Directors

Justine Sherman is the owner of JUSTINE SHERMAN & ASSOCIATES, INC., a private practice in Sierra Madre, California. Her clinic has a team that consists of eight licensed Speech-Language Pathologists (SLP), two Clinical Fellows (CF), three Speech-Language Pathology Assistants (SLPA), five Orofacial Myologists (OM), one Educational Specialist and an Infant-Toddler Development Specialist who conducts diagnostic and therapeutic services for children, adolescents, and adults with oral motor, tongue thrust, articulation, phonological, childhood apraxia of speech, craniofacial, voice, fluency, receptive-expressive language, auditory processing, learning, and autism spectrum disorders. Justine has been trained in Stanley Greenspan's Floortime™ approach and Lindamood-Bell's Visualizing and Verbalizing for Language Comprehension and Thinking® and On Cloud Nine® programs.

S18* Busy Bee Pottery

Join Stacey Mitchell, owner of Busy Bee Pottery as she explains how to bring a fun new idea into the pre-school using clay, while providing a sensory experience and facilitating hand strengthening. Children, parents and teachers will love this opportunity to learn, play and create with clay!

Target Audience: Parents, Children, Teachers

Stacey Mitchell teaches a pre-school pottery enrichment class and in her career pre-kids (she has 2: a girl 6 and a boy 3) was an Occupational Therapist consultant for children 0 to 3 years old for many years.

Saturday Session II	2:15 pm – 3:30 pm
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S21 Emotional Intelligence: The “Smarts” That Matter

Fostering awareness of emotional functioning in self and others and how that impacts motivation, relationships, resiliency, and successful learning. This presentation will outline an effective approach to support emotional health in children. An Introduction to Emotional Intelligence will be provided.

Target Audience- Teachers, Directors and Parents

Judith McCord, M.A.ECE, MFT is a parent educator, speaker, and licensed family therapist. She is the director of Westminster Counseling Center in Pasadena, California and an instructor for Pasadena Community College for over thirty years. She is a parent and grandparent and brings experience, insight and humor to the serious business of growing up.

S22 Questions and Answers with your Friendly Pediatrician, Dr. Chelsey Overstreet

Parents and Teachers will enjoy the opportunity to chat with Dr. Overstreet regarding your most pressing children's health and safety issues and concerns. Come prepared with your questions about allergies, fevers, vaccinations, childhood diseases, development, and any other questions you may not have been able to ask your own pediatrician.

Target Audience- Parents, Teachers and Directors

Dr. Chelsey Overstreet – received her M.D. in Pediatrics from Tulane University School of Medicine. She completed her residency at Children's Hospital Los Angeles, and spent several years as a physician there as an Emergency transport Physician, as well as working in her private practice. She and her husband are co-op parents to son Tyler Finn and daughter Sissy Scout. Chelsey is currently working on starting her own Concierge Health Service.

S23 Young Children at Risk for a False Diagnosis of Autistic Spectrum Disorder

With the push to screen for Autistic Spectrum Disorder (ASD) at younger ages, the risk is greater that higher numbers of children with social and emotional difficulties—who are otherwise developing typically—will be falsely assigned a diagnosis. Indeed, estimates show upwards of

30% of 2 year-olds diagnosed with ASD no longer fit the diagnosis when reassessed at age 4. This presentation will discuss common reasons for such high rates of false diagnoses: 1) Looser and vaguer definitions of what qualifies a child as having ASD; 2) Confusion as to boys' developmental milestones compared with girls; 3) Distinguishing between late-talking and ASD; 4) Distinguishing between early signs of mental giftedness in boys and ASD.

Target Audience- Teachers, Directors and Parents

Enrico Gnaulati Ph.D., is a psychologist in private practice in Pasadena, CA. He received his doctorate in clinical psychology from Columbia University, and was a professor in the Child and Family Studies Department at CSULA before entering private practice. He has published numerous scholarly articles on child development and is the author of, *Emotion-Regulating Play Therapy with ADHD: Staying with Playing*. He is completing a new book, *Back to Normal: Common Sense Explanations for Kids' ADHD, Bi-Polar and Autistic Spectrum Behavior*.

www.gnaulati.net

S 24 Focus: The Power that Shapes a Life

Attention is the primary tool with which we shape our lives. It nourishes our personalities, dreams, ambitions and talents much the way sunlight nourishes plant-life. Modern societal trends threaten the average child's ability to focus this extraordinary resource, stunting his or her capacity for personal growth. This workshop offers tools to help parents and teachers nourish "focus" and "attentiveness" in their children and students. It will change the way you interact with your children.

Target Audience- Parents, Teachers and Directors

Scott Miller is a Human Development Theorist, facilitator and author of *The User's Guide to Being Human: The Art and Science of Self*. He has spent the last fifteen years making significant contributions to the educational reform movement in California as an educator and school developer. He is cofounder and emeritus Board Chairman and CEO of Our Community School, a Los Angeles public charter school that received the 2009 Hart Vision award for "Best Charter School of the Year" in the state of California. www.usersguidetobeinghuman.com

S25 Help! My Kid Just Won't Listen

Join child development specialist and parent coach Gila Brown, M.A. to learn how changing child behavior is easier than you think. Get 3 simple tools you can use to increase cooperation, end power struggles and... make peace. Join us to get some tips for a more peaceful home and classroom.

Target Audience- Teachers, Parents and Directors

Gila Brown has spent the bulk of her professional life in the world of education. She earned a master's degree and teaching credential from Pacific Oaks College, and has taught at some of the most distinguished schools in Los Angeles, including John Burroughs, Crossroads, and A. E. Wright. Believing strongly that the single greatest factor of the success of any child is their relationship with their parents, Gila began a private parent coaching practice in 2008.

Gila works with moms and dads who are facing regular parenting struggles by giving them tools and strategies to respond with positive discipline and effective communication.

www.GilaBrown.com

S26 The Direct Part of Director: How To Really Help Parents

Walking the tight rope between encouraging and challenging, honesty and friendliness, power *on* and power *with* is the difficulty of the Director, Director/Teachers job. Let's have a conversation about what we need to say to parents, how to say it and- especially-how to do it when it's difficult.

Target Audience- Directors and Teachers, exclusively.

Susie Koon is an Educational Consultant for Curriculum, Administration, Classroom Management, Brain Compatible Environments. She has served as CAPPNS President from 1984-86 and was a Life Award Recipient. Susie served as the Director/Teacher Arcadia Parent Participation Nursery School from 1973-1988. She is a Retired Developmental 1st Grade Teacher with the Monrovia Unified School District

S27 What Do Children Need to Know to Before They Become Successful Readers?

Discover the stages of literacy development and how to prepare your student/child for success in reading. Learn fun activities, appropriate books, and current research that support early literacy development.

Target Audience: Parents, Teachers

Amy McGinnis received her MS in Education with a Specialization in Reading and a California Reading Specialist Certificate from CSU Fullerton. She has 16 years of experience teaching early literacy and is currently teaching developmental reading to college-age learners.

S28* Storytelling with Felt

Entertaining, educating and exciting! Learn how interactive storytelling brings children right into pages of a book, into the plot of a story or into the verses of a rhyme! Incidental learning at its best! Parents and teachers, bring your children for this dramatic and magical workshop.

Target Audience- Teachers, Directors, Parents and Children

Sundrina Kofod is a storyteller, production specialist and student. She was raised in a puppet factory working for Artfelt Puppets, Pieces and Props, a family business. She is currently in college earning her degree in Early Childhood Development. She is a natural storyteller and loves enriching the lives of children with her dramatic flair. www.artfelt.com

Saturday Session III**3:45 pm – 5:00 pm****S31 Aggression in Preschoolers and What to Do About It**

Aggression in young children can seem scary and many adults are not prepared or equipped to deal with it adequately. We never feel confident enough when dealing with aggression. Ruth Anne Hammond will help teach practical ways to help you feel more confident with aggression in youngsters.

Target Audience- Teachers, Directors and Parents

Ruth Anne Hammond, M.A., author of *Respecting Babies: A New Look at Magda Gerber's RIE Approach* (2009), is a specialist in infant/toddler development and caregiving, and has been leading the Pacific Oaks Infant-Toddler/Parent Program in Pasadena since 1996, where she also has been hosting Early Head Start socialization groups. She was President of the Board of Directors from 2005 to 2011 and is a mentor/teacher with Resources for Infant Educators (RIE), having studied under its founder, Magda Gerber. Ms. Hammond also teaches in the Human Development Department of Pacific Oaks College, and currently studies affective neuroscience under Dr. Allan N. Schore of the UCLA David Geffen School of Medicine.

S32 Sensory Processing Strategies

Many children have trouble assimilating to their environments. They may seek additional stimuli or respond inappropriately to the stimulus presented to them. Occupational Therapist, Michelle Knight, will share tools and practical ideas that we can use to help our children deal with their environments.

Target Audience- Parents, Teachers and Directors

Michelle Knight is an occupational therapist at Center for Developing Kids in Pasadena, CA. Michelle received her B.A. from Pomona College in Claremont, CA, and her MS in Occupational Therapy from University of Puget Sound in Tacoma WA. She holds a specialty certification in Sensory Integration.

S33 Leader Training Kit for Teachers-Directors.

Train your own board to effectively serve your school/council. Discover and more fully utilize the potential leaders who join your preschool. Gain confidence in recognizing and drawing out hidden talents of parent volunteers.

Target Audience- Teachers and Directors

Susie Stone, a registered nurse, has a BA in Biology and is a credentialed K-12 teacher, a WCC Adult Educator, a Kindergarten teacher and retired teacher-director of Hansel and Gretel PNS in the East Bay. She has been the President and Advisor of the East Bay Council, and is a past President of Parent Cooperative Preschools International.

S34 Fitness and Nutrition for Families

This presentation will help you find ways to keep your little ones and all family members motivated, active and eating healthfully. Specific routines and techniques will be presented and explored. Games, foods, cooking methods and other healthy ideas will be presented. Learn to give your children the healthy lifestyle tools they can use their whole lives.

Target Audience- Parents, Teachers

Lisa Wolfe has been involved with families for 20 years, as founder and director of a Montessori school and former La Leche League Leader, as well as acting as a volunteer in healthy eating programs at her children's schools. She is now a certified personal trainer, nutrition coach and super mom to three kids (including 2 teen-aged boys!) Lisa believes, through her personal experience, that you are never too old or too sick to heal your own body with proper nutrition and exercise. She has struggled with poor health and obesity, and fought her way to good health, and she is an inspiration to all who know her. www.miracleoffitness.com

S35 Early Vision Warning Signs in Children

Most vision problems go undetected because people assume perfect vision is 20/20. As a result, the standard screening only identifies 5% of vision problems in school-aged children and does not properly identify the skills necessary for reading and learning.

This session identifies the visual abilities necessary for academic achievement and allows parents and educators to learn how and why vision problems affect learning.

Target Audience- Parents, Teachers, Directors

Dr. Vivian Jensen is a behavioral optometrist in San Gabriel, CA. She completed her doctorate degree from the University of Missouri-St. Louis where she received the Excellence in Contact Lenses and Research award. Following her doctoral training, she completed a fellowship through Pacific University in binocular vision with emphasis in learning disabilities and post-traumatic injuries under Dr. Claude Valenti, OD, FCOVD. She has participated in a Vision Optometric Service to Humanity (VOSH) mission trip to Jamaica after her fellowship.

Dr. Jensen previously worked as an educator in the public sector teaching chemistry and also privately tutored college students in Physics, Chemistry, and other science disciplines. She also teaches 1st and 2nd year optometry students. www.totalvisiondc.net and www.optometrists.org/drkhchao/

S36 Sibling Relationships

This workshop will cover information about the nature of sibling relationships, findings from the latest research on the topic, strategies for addressing sibling conflict and improving sibling relationships, and how these concepts are relevant and transferrable to developing social skills among peers in the preschool setting. There will also be opportunity for self-reflection and dialogue.

Target Audience- Parents, Teachers

Kelly McCord is a Licensed Clinical Social Worker (LCSW) who has 20 years experience working with children and families. She is currently the Site Director for the new Cooperative Preschool at Caltech, a program of the Child Educational Center (CEC). She taught Parent Education classes for Pasadena City College for ten years and has done consulting and independent contract work for school districts and First 5LA. She is the mother of three children who all attended Sierra Madre Community Nursery School. She thoroughly enjoyed her ten years as a co-op parent at SMCNS and is enthusiastic about participating in the 2012 CCPNS convention.

S37 Math and Your Child's Intuition

Nurture your child's or student's mathematical intuition by capitalizing on the knowledge they already possess and allowing them to develop strategies that work for them. Hear about teaching methods that may help vs. hinder mathematical understanding. Learn how you can utilize basic

tools such as dice and cards, as well as games of strategy, to build a strong mathematical foundation for your child or student. It is amazing what young people are capable of accomplishing!

Target Audience: Parents, Teachers and Directors

Christine Goff earned her bachelor of science degree in elementary education with a minor in science from Plymouth State College in Plymouth, NH, and her master of arts degree in education with a concentration in mathematics from California State University at Los Angeles. She has had the opportunity to watch her two older daughters (a junior in high school and 7th grader) and their classmates navigate their way through the public education system. She has volunteered countless hours in their classrooms and has witnessed how some students struggle to make sense of their curriculum. With her youngest daughter, now 6 years old, she has seen how simple games can elevate the mathematic minds of young children.

S38* Baby Ergonomics - back safety and how to avoid and treat an injury while caring for young children. We will discuss and demonstrate proper lifting techniques and exercises to strengthen and prepare your body for parenthood.

Target Audience: Parents, Children, Teachers

Dr. Dene Schulze graduated from the University of Texas in Austin with a Bachelors Degree in Civil Engineering. She accepted a job with the Los Angeles County Department of Public Works and relocated to Los Angeles. Dene continued her education with night classes while working full time to discover her passion. In 2004, Dene got married, left engineering, and returned to school full time to become a Chiropractic Doctor. She graduated Magna Cum Laude in December 2007 and six weeks later her daughter was born. She feels truly blessed to be able to incorporate her love of biomechanics, motherhood, fitness and health. She understands the challenges of motherhood and wants her fellow moms to be strong, confident, and energetic. As a doctor, safety and technique is of utmost importance. She can help clients find alternatives and strengthen the correct areas of chronic or new injury. Diagnosing is her passion! Helping her clients find the "why" and cause of an ailment or injury brings her delight. Dene was recently certified in the Webster Technique from the International Chiropractic Pediatric Association (ICPA). She is also in the process of becoming a La Leche League leader in the community.